

# FREE DIABETES AWARENESS FAIR

**Monday, March 22, 2010  
11 a.m. to 1 p.m.**

- **FREE** Blood Glucose Testing
- **FOOT** screenings by a podiatrist
- **TALK** to the doctor
- **LEARN** from the diabetes staff
- **TIPS** on nutrition and exercise

St. Mary's Medical Center  
Hospital Cafeteria - Level B



St. Mary's Medical Center

A member of CHW

